

HOPE4SCHOOLS

Health, openness and prosperity education for schools 2021-1-R001-KA220-SCH-000024401



ABOUT THIS PROJECT

The HOPE4Schools project is cofinanced by the European Commission through **Erasmus** +

It is a project carried out during 24 months, between 01.01.2022 and 31.12.2024.

OBJECTIVES



- Equip school staff, pupils and NGOs with relevant info in order to develop new competencies: understanding mental health, improving health communication, resilience and stress management through training and workshops by using the repository.
- Equip school staff, trainers and parents with tips and advice on how to talk with pupils about Covid-19, mental health and well-being, through interactive digital tools.
- Embrace the new educational and learning online methods (online repository resources and best practice example) by using digital technologies (Kahoot, Jamboard, Nearpod, Padlet, Canva, Mentimeter, etc.) and familiarizes trainers, teachers and students with them.
- Development of an interdisciplinary culture of well-being throughout the whole school and encourage academic improvement by embedding the well-being methodology in the school strategy and developing a concrete action plan.

RESULTS OF THE PROJECT

- 1. a well-being methodology for school staff and pupils with new strategies to use in school and the requirements in this regard;
- 2. an online resource repository containing useful resources, tips and advice, tools and techniques for school staff, pupils and parents;
- 3. a best practice collection on well-being topics for school staff and specialists.



HOPE4schools – Health, openness and prosperity education for schools The schools of the schools

KICK OFF MEETING OF THE PROJECT PARTNERS

On 24 and 25 of February, partners from Bulgaria, Greece, Czech Republic, Portugal, Serbia and Romania participated in the Kick-off Meeting of the HOPE4Schools project, co-financed by the European Commission through Erasmus+ program.

The agenda of the online meeting was very well defined, the discussion being focused on topics such as: the first steps of the project, the process of identification and analysis of work processes and implementation packages. A friendship and fruitful collaboration was born during this meeting, where project partners shared ideas and points of view about the future steps for the HOPE4Schools project.

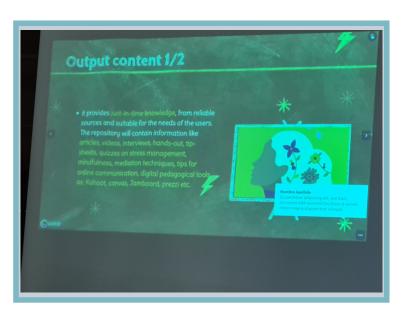




OUR LATEST ACHIEVEMENTS

After the first meeting we are confident that the future steps of the project have been understood by each partner. There were discussed topics like:

- Implementation Strategy & overview of the HOPE4schools project
- Management & Implementation
- Administrative & Financial aspects
- Project Result 1: Methodology for teachers to introduce well-being in schools
- Project Result 2: Online repository resources on wellbeing and interactive digital Tools
- Quality control, Monitoring & Evaluation
- Dissemination, Sustainability & Exploitation



WHO WE ARE











GREEK MINISTRY OF EDUCATION AND RELIGIOUS AFFAIRS REGIONAL DIRECTORATE OF PRIMARY AND SECONDARY EDUCATION OF WESTERN MACEDONIA











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